



## Changing Room Rules

All members of the club are requested to follow the below rules for the changing facilities at Moss Farm Performance Centre

- Strictly no use of mobile devices – once you have registered at the front desk, checked in on Social Media, devices are not to be used in the changing facilities
- Adults are not permitted to change at the same time as children
- No entry to parents or gymnasts of the opposite sex.
- Parents may enter the changing room for children aged 6 and under, exceptions can apply to those with a disability
- If a male parent needs to assist a young female gymnast, the independent changing room/disabled facility can be used. The same applies to a female parent assisting a young male. Strictly no entry into the changing rooms of the opposite sex.
- The clubs Code of Conduct and Club Rules should be adhered to at all times
- Please report any incidents to your Club Welfare Officer

Thank you to all our of our members helping us to be a super safe and happy place for our gymnasts

Best wishes

The Cheshire Gymnastics Team